



Reknit the Nerve Fibre

# NUHENZ

Methylcobalamin 1500 mcg, Alpha Lipoic acid 100 mg, Folic acid 1.5 mg,  
Chromium Polynicotinate 200 mcg, Myo-Inositol 100 mg,  
Selenium Dioxide Monohydrate 55 mcg and Benfotiamine 150 mg Capsules

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## DESCRIPTION:

Nuhenz is a multivitamin preparation contains Methylcobalamin, Benfotiamine, Folic Acid, Chromium Polynicotinate, Myo-Inositol, Alpha Lipoic acid and Selenium Dioxide Monohydrate available in Capsule form.

Indication: Indicated for

1. Diabetic Neuropathy
2. Neurodegenerative disease
3. Neuropsychiatric Disorders

## CLINICAL EVIDENCE:

- ŷ Benfotiamine reduces tissue AGEs formation and oxidative stress.<sup>1</sup>
- ŷ Methylcobalamin promotes injured nerve regeneration, recovering the neuromuscular functions in peripheral hyperalgesia and allodynia.<sup>2</sup>
- ŷ Selenium as essential component of the antioxidant system in the brain.<sup>3</sup>
- ŷ Selenium acts in response to oxidative stress through regulation of Ca<sup>2+</sup> channels and mitochondrial biogenesis<sup>3</sup>
- ŷ Elemental chromium is beneficial for patients with atypical depression who also have severe carbohydrate craving.<sup>4</sup>
- ŷ Chromium: Strong improvements in refractory mood disorders.<sup>5</sup>
- ŷ Folic Acid: Relevant in Prevention of Alzheimer's disease and cognitive improvement.<sup>6</sup>
- ŷ Alpha Lipoic Acid: Effective in numerous neurodegenerative disorders.<sup>7</sup>
- ŷ Inositol is effective in depression, panic, and obsessive-compulsive disorder.<sup>8</sup>

## DOSAGE:

- ŷ As directed by the physician

## STORAGE AND HANDLING:

- ŷ Store at a temperature not exceeding 30°C, protect from light and moisture.

References:

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4. J Psychiatr Pract.;11(5);302-14:2005
5. Int J Neuropsychopharmacol.;3(4):311-314:2000
6. Invest. Ophthalmol.Vis.Sci.;38(5);848-854:1997
7. Biol Med. 1997
8. Ref: Am J Psychiatry. 1996 Sep;153(9):1219-21.

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